



Media Contact:  
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**FOR IMMEDIATE RELEASE**

## **MEDIA ALERT!**

### **Unbridled Change – Non Profit Equine Assisted Therapy Center To Host a Series of Open Houses and Brief Demonstration of Services this Fall**

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**WHO:** Michelle Holling-Brooks is the Founder and Executive Director of Unbridled Change, a non-profit equine therapy center serving the greater Roanoke Valley area. She was the first professional in the Southwestern Virginia area to be certified by the Equine Assisted Growth and Learning Association (EAGALA) and has more than 10 years of experience working with at-risk youth, victims of domestic violence, sexual abuse and disabled individuals –visit [www.UnbridledChange.org](http://www.UnbridledChange.org).

**WHAT:** Unbridled Change is hosting a free farm tour and brief demonstration of services in both October and November this fall. If you are curious about what equine assisted therapies are and how they work, then our open house is a great way to check us out for free! The public is invited to join us for a tour of our facility, meet and greet of our staff and horses, and experience a brief hands-on demonstration of our programs! (Media welcome to participate in demonstrations).

The October, 18<sup>th</sup> tour will also include the celebration of our 1 year anniversary and dedication of our new “Halterman” indoor arena! Come out and help us celebrate and see why Unbridled Change has grown so much in just a year!

Registration is not required, but if possible please let us know that you are planning to attend so that we can be expecting you! - email us at [info@UnbridledChange.org](mailto:info@UnbridledChange.org), give us a call at - 540-719-2171 or reply to our [Facebook](#) event list.

**WHEN:** Time - 2:00-3:30 pm , Dates of Free farm tour and demo:  
- **Sunday, October 18th, 2009 we will be celebrating of our 1 year anniversary! The highlight will be the dedication of our “Halterman” indoor arena!**  
- Saturday, November 21st, 2009

**WHERE:** **Unbridled Change’s facility in Boones Mill, VA**  
From Roanoke: Take 220 E. toward Rocky Mount, VA . Cross the county line into Franklin Co and the town of Boones Mill. Just after the light turn left over the bridge onto Church Hill Street (at Jack Garst Agency or Southern States). At the stop sign turn right on to Boones Mill Road. Go 2 miles and turn right onto White Oak Road. Go about 2 miles and turn right into the Unbridled Change's parking lot for the “Halterman Arena”.

From Rocky Mount - Take 220 west toward Roanoke. Turn right onto Chapel Hill Road (just past Cannaday's and before the light, at Jack Garst Agency or Southern States). Turn right onto Boones Mill Road. Go 2 miles and turn right onto White Oak Road. Go about 2 miles and turn right into the Unbridled Change's parking lot for the Halterman arena.

There are signs up once you are off route 220, to help lead the way.